

Sampling of Recent Reporting on Emerging Types of Hospice Fraud

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California Hospice Licensure and Oversight

The State's Weak Oversight of Hospice Agencies Has Created Opportunities for Large-Scale Fraud and Abuse

Background

Hospice agencies provide palliative and end-of-life care for terminally ill patients, and they may provide this care in a patient's home or in other appropriate settings. As of January 2022, there were more than 2,800 hospice agencies licensed to operate in California. The California Department of Public Health (Public Health) is responsible for licensing hospice agencies and for investigating complaints. Other federal and state entities, such as the California Department of Health Care Services (Health Care Services), oversee other components of hospice care. In 2020 Medicare paid more than \$3 billion for hospice services provided to 162,000 patients in California, but the State also pays for these services through Medi Cal, the Medicaid program administered by Health Care Services, which generally serves low income individuals.

Key Findings

- Numerous indicators suggest large-scale hospice fraud and abuse is likely occuring in Los Angeles County:
 - » A rapid increase in the number of hospice agencies with no clear correlation to increased need.
 - » Excessive geographic clustering of hospices with sometimes dozens of separately licensed agencies located in the same building.
 - » Unusually long durations of hospice services provided to individual patients.
 - » Abnormally high rates of still-living patients discharged from hospice care.
 - » Hospice agencies using possibly stolen identities of medical personnel.
- Public Health has failed to provide the level of oversight necessary to prevent fraud and abuse by hospice agencies.
- State agencies have not adequately coordinated their fraud prevention efforts or developed meaningful enforcement measures.

Key Recommendations

The Legislature should require Public Health, Health Care Services, the California Department of Justice (DOJ), and the Department of Social Services to immediately convene a taskforce to identify, investigate, and prosecute fraud and abuse by hospice agencies in Los Angeles County.

The Legislature should maintain the general moratorium on new hospice licenses until Public Health issues emergency regulations to, among other things, establish patient-to-staff ratios, enhance inspections and compliance verification, and institute experience requirements for hospices agencies key management personnel.

The Legislature should revise state law to require that new hospice agencies demonstrate an unmet need for their services in the area they wish to operate, and it should ensure that the number of hospice agencies in a given geographic region closely aligns with established measures of the need for such services.

DOJ should ensure that Public Health provides it with the information it needs to fully investigate referred complaints of possible fraud and abuse.

Federal and State Entities Have Identified Various Indicators of Hospice-Related Fraud and Abuse



Proliferation of New Providers



Clusters of Providers



Stolen Identities



Long Lengths of Service



High Live Discharge Rates

The New Hork Times | https://www.nytimes.com/2023/06/10/health/hospice-profits.html

THE NEW OLD AGE

Hospice Is a Profitable Business, but Nonprofits Mostly Do a Better Job

Nearly three-quarters of hospice organizations are now for-profit. Complaints of fraud and profiteering are growing.

By Paula Span

June 10, 2023

In the nearly 20 years that Megan Stainer worked in nursing homes in and around Detroit, she could almost always tell which patients near death were receiving care from nonprofit hospice organizations and which from for-profit hospices.

"There were really stark differences," said Ms. Stainer, 45, a licensed practical nurse. Looking at their medical charts, "the nonprofit patients always had the most visits: nurses, chaplains, social workers."

The nonprofit hospices responded quickly when the nursing home staff requested supplies and equipment. By contrast, she said, "if you called and said, 'I need a specialized bed,' with for-profits it could take days — days when the patient is in a bed that's uncomfortable."

Ms. Stainer, now a private duty nurse and certified death doula in Hamburg, Mich., also found nonprofits more willing to keep patients enrolled and for-profits more prone to "live discharge" — removing patients from hospice ostensibly because they no longer met the criteria for declining health, then re-enrolling them later.

"It seemed like people were being discharged when they still needed their services," Ms. Stainer said. "There never seemed to be a logical reason." But long enrollments and live discharges can help hospices boost profits and avoid financial penalties, analysts have pointed out.

Researchers have for years reported that there are, indeed, substantial differences overall between for-profit and nonprofit hospices; a new study based on family caregivers' experiences provides additional evidence.

Medicare began covering hospice care four decades ago, when most hospices were nonprofit community organizations relying heavily on volunteers. It has since become a growth industry dominated by for-profit businesses.

In 2001, 1,185 nonprofit hospices and just 800 for-profits provided care for Americans with terminal illnesses who were expected to die within six months. Twenty years later, almost three-quarters of the nation's 5,000-plus hospices were for-profits, many affiliated with regional or national chains.

The shift was probably inevitable, said Ben Marcantonio, interim chief executive of the National Hospice and Palliative Care Organization, which represents both types along with some government hospices. Roughly half of Americans who die each year now turn to hospice. The number of Medicare beneficiaries enrolling in hospice rose to 1.7 million in 2020 from 580.000 in 2001.

"The growth of for-profit providers is largely responding to growing need," Mr. Marcantonio said. "It's evolved within a health care system that not only accepts but encourages for-profit providers. To think hospice would be exempt from that forever probably wasn't realistic."

Yet the proliferation of for-profit hospices has stoked fears that dying patients and their families are being shortchanged to improve companies' bottom lines.

The most recent report from MedPAC, the independent agency advising Congress on Medicare spending, found that in 2020, for-profits received 20.5 percent more from Medicare than they spent providing services. The margin for nonprofits, whose daily per-patient expenditures are higher, averaged 5.8 percent.

"We're not going to get profiteering out of the business until we make changes," said Larry Atkins, chief policy officer of the National Partnership for Healthcare and Hospice Innovation, which represents about 100 nonprofit hospices.

He acknowledged, only a bit grudgingly, that "there are a lot of sophisticated players on the for-profit side that do a decent job."

Barbara Reiss discovered that in 2017, when her 85-year-old mother was dying of cancer at her home in River Ridge, La. A for-profit hospice proved "very responsive to us," she said, even when the family called for advice at 2 a.m. The hospice provided all the necessary supplies and drugs and sent nurses regularly.

"When we were really having trouble, they came," Ms. Reiss said. Her mother died peacefully, and the family turned to the same for-profit hospice three years later, when her father died in assisted living at 95.

But numerous studies have documented that as a group, nonprofits provide better care. All hospices within a geographic area receive the same daily payment per Medicare beneficiary, but patients enrolled in nonprofits receive more visits from nurses, social workers and therapists, according to a 2019 study by the consulting firm Milliman.

For-profits are more likely to discharge patients before they die, a particularly distressing experience for families. "It violates the implicit contract hospice makes, to care for patients through the end of life," Dr. Atkins said.

Dr. Joan Teno, a Brown University health policy researcher, and her team reported in 2015 on these "burdensome transitions," in which patients were discharged, hospitalized and then readmitted to hospice.

That happened to 12 percent of patients in for-profits affiliated with national chains, and to 18 percent of patients enrolled in for-profits that weren't chain-affiliated — but to only 1.4 percent of patients in nonprofit hospices.

Dr. Teno's latest study, undertaken with RAND Corporation, analyzes the family caregiver surveys that Medicare introduced in 2016. Using data from 653,208 respondents from 2017 to 2019, the researchers ranked about 31 percent of for-profit hospices as "low performers," scoring well below the national average, compared with 12.5 percent of nonprofits.

More than a third of nonprofits, but only 22 percent of for-profits, were "high performers." In 2019, the Department of Health and Human Services' inspector general's office also reported that most hospices it identified as low-performing were for-profits.

Apart from such differences, the hospice industry has been plagued by fraud in several states. Investigations by The Los Angeles Times in 2020 and by the state auditor found that scores of new for-profit hospices were getting certified and billing Medicare in California.

The number far outstripped need, and dozens of hospices shared common addresses, the auditor noted, concluding that "numerous indicators suggest large-scale hospice fraud and abuse" in Los Angeles County. Last year, the state imposed a moratorium on hospice licenses.

In November, national hospice associations urged Medicare to take action in Nevada, Arizona and Texas, where similar patterns of growth and abuse have emerged.

Researchers and critics have also raised alarms about private equity firms acquiring hospice organizations and, intending to resell them within a few years, reducing costs through measures like cutting staff. Most of those acquisitions were previously nonprofits.

Advocates, researchers and industry leaders have long lists of reforms they think will fight fraud and improve services, from strengthening the way Medicare conducts quality surveys to shifting from a per-diem payment model to more individualized reimbursement.

"It's clear we need to strengthen oversight, but we must also modernize payment programs to meet the needs of patients and make it harder for people to game the system," Representative Earl Blumenauer, an Oregon Democrat who has long been involved in end-of-life legislation, said in an email.

Meanwhile, families seeking reliable, compassionate hospice care for loved ones need to undertake research, at a time when they shouldn't have to, to select a provider. "It's not as simple as avoiding all for-profits," Dr. Teno said. "Because of the variations, you have to really look at the data."

The Medicare.gov website notes not only which hospices are nonprofit but also other quality measures. (The National Hospice Locator also provides such information, and the CaringInfo site from the National Hospice and Palliative Care Organization offers general guidance.)

Dr. Teno advised caution if more than 40 percent of a hospice's patients have dementia or are in assisted living facilities or nursing homes, both associated with higher profit margins.

Quality hospices provide not only "routine home care," the most common type of hospice service, but also higher levels of care when needed, including inpatient services. Look for a hospice with a four- or five-star rating, she added, although some geographic regions lack one.

Most family caregivers still give hospice care high approval ratings, despite its changes and problems, but the need for improvement is clear.

"It's a small segment of the health care system, but it's such an important one," Dr. Teno said. "If you screw it up, people don't forget."

A version of this article appears in print on , Section D, Page 3 of the New York edition with the headline: Nonprofit Hospice Care Appears to Have Upper Hand

Half of all Americans now die in hospice care. Easy money and a lack of regulation transformed a crusade to provide death with dignity into an industry rife with fraud and exploitation.



Former hospice patient Patricia Marble Melissa Lyttle for ProPublica

Co-published with The New Yorker

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Over the years, Marsha Farmer had learned what to look for. As she drove the back roads of rural Alabama, she kept an eye out for dilapidated homes and trailers with wheelchair ramps. Some days, she'd ride the one-car ferry across the river to Lower Peach Tree and other secluded hamlets where a few houses lacked running water and bare soil was visible beneath the floorboards. Other times, she'd scan church prayer lists for the names of families with ailing members.

Farmer was selling hospice, which, strictly speaking, is for the dying. To qualify, patients must agree to forgo curative care and be certified by doctors as having less than six months to live. But at AseraCare, a national chain where Farmer worked, she solicited recruits regardless of whether they were near death. She canvassed birthday parties at housing projects and went door to door promoting the program to loggers and textile workers. She sent colleagues to cadge rides on the Meals on Wheels van or to chat up veterans at the American Legion bar. "We'd find run-down places where people were more on the poverty line," she told me. "You're looking for uneducated people, if you will, because you're able to provide something to them and meet a need."

Farmer, who has doe eyes and a nonchalant smile, often wore scrubs on her sales routes, despite not having a medical background. That way, she said, "I would automatically be seen as a help." She tried not to mention death in her opening pitch, or even hospice if she could avoid it. Instead, she described an amazing government benefit that offered medications, nursing visits, nutritional supplements and light housekeeping — all for

at her watch as she'd been trained to do, to pressure them into a quick decision.

Once a prospective patient expressed interest, a nurse would assess whether any of the person's conditions fit — or could be made to fit — a fatal prognosis. The Black Belt, a swath of the Deep South that includes parts of Alabama, has some of the highest rates of heart disease, diabetes and emphysema in the country. On paper, Farmer knew, it was possible to finesse chronic symptoms, like shortness of breath, into proof of terminal decline.

When Farmer started out in the hospice business, in 2002, it felt less like a sales gig than like a calling. At 30, she'd become a "community educator," or marketer, at Hospice South, a regional chain that had an office in her hometown, Monroeville, Alabama. Monroeville was the kind of place where, if someone went into hospice, word got around and people sent baked goods. She often asked patients to write cards or make tape recordings for milestones — birthdays, anniversaries, weddings — that they might not live to see. She became an employee of the month and, within a year, was promoted to executive director of the branch, training a staff of her own to evangelize for end-of-life care.

Things began to change in 2004, when Hospice South was bought by Beverly Enterprises, the second-largest nursing-home chain in the country, and got folded into one of its subsidiaries, AseraCare. Not long before the sale, Beverly had agreed to pay a \$5 million criminal fine and a \$175 million civil settlement after being accused of Medicare fraud. Its stock value had slumped, and Beverly's CEO had decided that expanding its empire of hospices would help the company attract steadier revenue in "high-growth, high-margin areas of health care services." Less than two years later, as part of a wave of consolidations in the long-term-care industry, Beverly was sold to a private-equity firm, which rebranded it as Golden Living.

It might be counterintuitive to run an enterprise that is wholly dependent on clients who aren't long for this world, but companies in the hospice business can expect some of the biggest returns for the least amount of effort of any sector in American health care. Medicare pays providers a set rate per patient per day, regardless of how much help they deliver. Since most hospice care takes place at home and nurses aren't required to visit more than twice a month, it's not difficult to keep overhead low and to outsource the bulk of the labor to unpaid family members — assuming that willing family members are at hand.

Up to a point, the way Medicare has designed the hospice benefit rewards providers for recruiting patients who aren't imminently dying. Long hospice stays translate into larger margins, and stable patients require fewer expensive medications and supplies than those in the final throes of illness. Although two doctors must initially certify that a patient is terminally ill, she can be recertified as such again and again.

Almost immediately after the AseraCare takeover, Farmer's supervisors set steep targets for the number of patients marketers had to sign up and presented those who met admissions quotas with cash bonuses and perks, including popcorn machines and massage chairs. Employees who couldn't hit their numbers were fired. Farmer prided herself on being competitive and liked to say, "I can sell ice to an Eskimo." But as her remit expanded to include the management of AseraCare outposts in Foley and Mobile, she began to resent the demand to bring in more bodies. Before one meeting with her supervisor, Jeff Boling, she stayed up late crunching data on car wrecks, cancer and heart disease to figure out how many people in her territories might be expected to die that year. When she showed Boling

Farmer's bigger problem was that her patients weren't dying fast enough. Some fished, drove tractors and babysat grandchildren. Their longevity prompted concern around the office because of a complicated formula that governs the Medicare benefit. The federal government, recognizing that an individual patient might not die within the predicted six months, effectively demands repayment from hospices when the average length of stay of all patients exceeds six months.

But Farmer's company, like many of its competitors, had found ways to game the system and keep its money. One tactic was to "dump," or discharge, patients with overly long stays. The industry euphemism is "graduated" from hospice, though the patient experience is often more akin to getting expelled: losing diapers, pain medications, wheelchairs, nursing care and a hospital-grade bed that a person might not otherwise be able to afford. In 2007, according to Farmer's calculations around the time, 70% of the patients served by her Mobile office left hospice alive.

Another way to hold on to Medicare money was to consistently pad the roster with new patients. One day in 2008, facing the possibility of a repayment, AseraCare asked some of its executive directors to "get double digit admits" and to "have the kind of day that will go down in the record books." A follow-up email, just an hour later, urged staff to "go around the barriers and make this happen now, your families need you."



Former AseraCare employee Marsha Farmer Edmund Fountain for ProPublica

That summer, Boling pushed Farmer to lobby oncologists to turn over their "last breath" patients: those with only weeks or days to live. At the time, Farmer's 59-year-old mother was dying of metastatic colon cancer. Although Farmer knew that the service might do those last-breath people good, it enraged her that her hospice was chasing them cynically, to balance its books. The pressure was so relentless that sometimes she felt like choking someone, but she had two small children and couldn't quit. Her husband, who had been a co-worker at AseraCare, had already done so. Earlier that year, after fights with Boling and other supervisors about quotas, he had left for a lower-paying job at Verizon.

Farmer's confidante at work, Dawn Richardson, shared her frustration. A gifted nurse who was, as Farmer put it, "as country as a turnip," Richardson hated admitting people who weren't appropriate or dumping patients who were. She was a single mom, though, and needed a paycheck. One evening in early 2009, the two happened upon another way out.

The local news was reporting that two nurses at SouthernCare, a prominent Alabama-based competitor, had accused the company of stealing taxpayer dollars by enrolling ineligible patients in hospice.

Richardson had long felt uneasy about what AseraCare asked them to do. Now, they realized, what they were doing might be illegal. They decided to call James Barger, a lawyer who had represented one of the SouthernCare nurses. That March, he helped Farmer and Richardson file a whistleblower complaint against AseraCare and Golden Living in the Northern District of Alabama, accusing the company of Medicare fraud. The case would go on to become the most consequential lawsuit the hospice industry had ever faced.

The philosophy of hospice was imported to the United States in the 1960s by Dame Cicely Saunders, an English doctor and social worker who'd grown appalled by the "wretched habits of big, busy hospitals where everyone tiptoes past the bed and the dying soon learn to pretend to be asleep." Her counterpractice, which she refined at a Catholic clinic for the poor in East London, was to treat a dying patient's "total pain" — his physical suffering, spiritual needs and existential disquiet. In a pilot program, Saunders prescribed terminally ill patients cocktails of morphine, cocaine and alcohol — whiskey, gin or brandy, depending on which they preferred. Early results were striking. Before-and-after photos of cancer patients showed formerly anguished figures knitting scarves and raising toasts.

Saunders' vision went mainstream in 1969, when the Swiss-born psychiatrist Elisabeth Kübler-Ross published her groundbreaking study, "On Death and Dying." The subjects in her account were living their final days in a Chicago hospital, and some of them described how lonely and harsh it felt to be in an intensive-care unit, separated from family. Many Americans came away from the book convinced that end-of-life care in hospitals was inhumane. Kübler-Ross and Saunders, like their contemporaries in the women's-health and deinstitutionalization movements, pushed for greater patient autonomy — in this case, for people to have more control over how they would exit the world. The first American hospice opened in Connecticut in 1974. By 1981, hundreds more hospices had started, and, soon after, President Ronald Reagan recognized the potential federal savings — many people undergo unnecessary, expensive hospitalizations just before they die — and authorized Medicare to cover the cost.

Forty years on, half of all Americans die in hospice care. Most of these deaths take place at home. When done right, the program allows people to experience as little pain as possible and to spend meaningful time with their loved ones. Nurses stop by to manage symptoms. Aides assist with bathing, medications and housekeeping. Social workers help families over bureaucratic hurdles. Clergy offer what comfort they can, and bereavement counselors provide support in the aftermath. This year, I spoke about hospice with more than 150 patients, families, hospice employees, regulators, attorneys, fraud investigators and end-of-life researchers, and all of them praised its vital mission. But many were concerned about how easy money and a lack of regulation had given rise to an industry rife with exploitation. In the decades since Saunders and her followers spread her radical concept across the country, hospice has evolved from a constellation of charities, mostly reliant on volunteers, into a \$22 billion juggernaut funded almost entirely by taxpayers.

For-profit providers made up 30% of the field at the start of this century. Today, they represent more than 70%, and between 2011 and 2019, research shows, the number of hospices owned by private-equity firms tripled. The aggregate Medicare margins of for-profit providers are three times that of their nonprofit counterparts. Under the daily-payment structure, a small hospice that bills for just 20 patients at the basic rate can take in more than

occasionally requests more information from billers, it generally trusts that providers will submit accurate claims for payment — a model that critics deride as "pay and chase."

Jean Stone, who worked for years as a program-integrity senior specialist at the Centers for Medicare and Medicaid Services, said that hospice was a particularly thorny sector to police for three reasons: "No one wants to be seen as limiting an important service"; it's difficult to retrospectively judge a patient's eligibility; and "no one wants to talk about the end of life." Although a quarter of all people in hospice enter it only in their final five days, most of the Medicare spending on hospice is for patients whose stays exceed six months. In 2018, the Office of Inspector General at the Department of Health and Human Services estimated that inappropriate billing by hospice providers had cost taxpayers "hundreds of millions of dollars." Stone and others I spoke to believe the figure to be far higher.

Some hospice firms bribe physicians to bring them new patients by offering all-expenses-paid trips to Las Vegas nightclubs, complete with bottle service and private security details. (The former mayor of Rio Bravo, Texas, who was also a doctor, received outright kickbacks.) Other audacious for-profit players enlist family and friends to act as makebelieve clients, lure addicts with the promise of free painkillers, dupe people into the program by claiming that it's free home health care or steal personal information to enroll "phantom patients." A 29-year-old pregnant woman learned that she'd been enrolled in Revelation Hospice, in the Mississippi Delta (which at one time discharged 93% of its patients alive), only when she visited her doctor for a blood test. In Frisco, Texas, according to the FBI, a hospice owner tried to evade the Medicarerepayment problem by instructing staff to overdose patients who were staying on the service too long. He texted a nurse about one patient: "He better not make it tomorrow. Or I will blame u." The owner was sentenced to more than 13 years in prison for fraud, in a plea deal that made no allegations about patient deaths.

A medical background is not required to enter the business. I've come across hospices owned by accountants; vacation-rental superhosts; a criminal-defense attorney who represented a hospice employee convicted of fraud and was later investigated for hospice fraud himself; and a man convicted of drug distribution who went on to fraudulently bill Medicare more than \$5 million for an end-of-life-care business that involved handling large quantities of narcotics.

Once a hospice is up and running, oversight is scarce. Regulations require surveyors to inspect hospice operations once every three years, even though complaints about quality of care are widespread. A government review of inspection reports from 2012 to 2016 found that the majority of all hospices had <u>serious deficiencies</u>, such as failures to train staff, manage pain and treat bedsores. Still, regulators rarely punish bad actors. Between 2014 and 2017, according to the Government Accountability Office, <u>only 19</u> of the more than 4,000 U.S. hospices were cut off from Medicare funding.

Because patients who enroll in the service forgo curative care, hospice may harm patients who aren't actually dying. Sandy Morales, who until recently was a case manager at the California Senior Medicare Patrol hotline, told me about a cancer patient who'd lost access to his chemotherapy treatment after being put in hospice without his knowledge. Other unwitting recruits were denied kidney dialysis, mammograms, coverage for lifesaving medications or a place on the waiting list for a liver transplant. In response to concerns from families, Morales and her community partners recently posted warnings in Spanish and English in senior apartment buildings, libraries and doughnut shops

may have been tricked into signing up for a program that is medically unnecessary for you."

Some providers capitalize on the fact that most hospice care takes place behind closed doors, and that those who might protest poor treatment are often too sick or stressed to do so. One way of increasing company returns is to ghost the dying. A 2016 study in JAMA Internal Medicine of more than 600,000 patients found that 12% received no visits from hospice workers in the last two days of life. (Patients who died on a Sunday had some of the worst luck.) For-profit hospices have been found to have higher rates of no-shows and substantiated complaints than their nonprofit counterparts, and to disproportionately discharge patients alive when they approach Medicare's reimbursement limit.

"There are so many ways to do fraud, so why pick this one?" Stone said. This was more or less what Marsha Farmer and Dawn Richardson had been wondering when they filed their complaint against AseraCare in 2009. Now, working undercover, they imagined themselves as part of the solution.

In the absence of guardrails, whistleblowers like Farmer and Richardson have become the government's primary defense against hospice wrongdoing — an arrangement that James Barger, their lawyer, describes as placing "a ludicrous amount of optimism in a system with a capitalist payee and a socialist payer." Seven out of 10 of the largest hospices in the U.S. have been sued at least once by former employees under the federal False Claims Act. The law includes a "qui tam" provision — the term derives from a Latin phrase that translates as "he who sues on behalf of the King as well as himself" — that deputizes private citizens to bring lawsuits that accuse government contractors of fraud and lets them share in any money recovered. Qui-tam complaints, like Farmer and Richardson's, are initially filed secretly, under seal, to give the Justice Department a chance to investigate a target without exposing the tipster. If the government decides to proceed, it takes over the litigation. In 2021 alone, the government recovered more than \$1.6 billion from qui-tam lawsuits, and the total amount awarded to whistleblowers was \$237 million.

In the two years after Farmer and Richardson filed their complaint, both slept poorly. But their covert undertaking also felt cathartic — mental indemnification against a job that troubled their consciences. Farmer continued to bring in patients at AseraCare while passing company documents to Barger, including spreadsheets analyzing admissions quotas and a training PowerPoint used by the company's national medical adviser, Dr. James Avery. A pulmonologist who was fond of citing Seneca, Tolstoy and Primo Levi in his slides, Avery urged nurses to "be a detective" and to "look for clues" if a patient didn't initially appear to fit a common hospice diagnosis. (Avery said that he never encouraged employees to admit ineligible patients.) He sometimes concluded his lectures with a spin on an idea from Goethe's "Faust": "Perpetual striving that has no goal but only progress or increase is a horror."

Barger was impressed by the records that Farmer collected and even more so by her candor about her involvement in AseraCare's schemes. She and Richardson reminded him of friends he'd had growing up: smart, always finishing each other's sentences and not, he said, "trying to be heroes." Nor, as it turned out, were they the only AseraCare employees raising questions about company ethics. The year before, three nurses in the Milwaukee office had filed a qui-tam complaint outlining similar corporate practices. The False Claims Act has a "first to file" rule, so the Wisconsin nurses could have tried to block Farmer and Richardson from proceeding with their case. Instead, the nurses decided to team up with their Alabama

required to hire or contract with a doctor to sign forms certifying a patient's eligibility for the program, and Micca accused the company of both ineligible enrollments and lapses in patient care. In his deposition, he described one patient who was given morphine against his orders and was kept in hospice care for months after she'd recovered from a heart attack. The woman, who was eventually discharged, lived several more years.



Whistleblower lawyer James Barger Kate Medley for ProPublica

Among the most critical pieces of evidence to emerge in the discovery process was an audit that echoed many of the allegations made by the whistleblowers. In 2007 and 2008, AseraCare had hired the Corridor Group, a consulting firm, to visit nine of its agencies across the country, including the Monroeville office that Farmer oversaw. The Corridor auditors observed a "lack of focus" on patient care and "little discussion of eligibility" at regular patient-certification meetings. Clinical staff were undertrained, with a "high potential for care delivery failures," and appeared reluctant to discharge inappropriate patients out of fear of being fired. Emails showed that the problems raised by the audit were much discussed among AseraCare's top leadership, including its vice president of clinical operations, Angie Hollis-Sells.

One morning in the spring of 2011, Hollis-Sells strode into the old bank building that housed the Monroeville office, her expression uncommonly

betrayed. Their manager had kept from them a secret that might upend their livelihoods; worse, her accusations seemed to condemn them for work she'd asked them to do. But shortly afterward, when Farmer took a job as the executive director of a new hospice company in Monroeville, Richardson and several other former co-workers joined her.

Less than a year later, the Justice Department, after conducting its own investigation, intervened in the whistleblowers' complaint, eventually seeking from AseraCare a record \$200 million in fines and damages. As Barger informed his clients, the company was likely to settle. Most False Claims Act cases never reach a jury, in part because trials can cost more than fines and carry with them the threat of exclusion from the Medicare program — an outcome tantamount to bankruptcy for many medical providers. In 2014, Farmer traveled to Birmingham for her deposition, imagining that the case would soon end. But, in the first of a series of unexpected events, AseraCare decided to fight.

United States v. AseraCare, which began on Aug. 10, 2015, in a federal courthouse in Birmingham, was one of the most bizarre trials in the history of the False Claims Act. To build its case against AseraCare, the government had identified some 2,100 of the company's patients who had been in hospice for at least a year between 2007 and 2011. From that pool, a palliative care expert, Dr. Solomon Liao, of the University of California, Irvine, reviewed the records of a random sample of 233 patients. He found that around half of the patients in the sample were ineligible for some or all of the hospice care they'd received. He also concluded that ineligible AseraCare patients who had treatable or reversible issues at the root of their decline were unable to get the care they needed, and that being in hospice "worsened or impeded the opportunity to improve their quality of life."

Before the trial started, the judge in the case, Karon O. Bowdre, disclosed that she'd had good experiences with hospice. Her mother, who had an ALS diagnosis, had spent a year and a half on the service, and her father-in-law had died in hospice shortly before the trial. Principals in the case disagree about whether she disclosed that the firm handling AseraCare's defense, Bradley Arant, had just hired her son as a summer associate.

The defense team had petitioned Bowdre to separate the proceedings into two parts: the first phase limited to evidence about the "falsity" of the 123 claims in question, and the second part examining, among other things, the company's "knowledge of falsity." The Justice Department objected to this "arbitrary hurdle," arguing that the purpose of the False Claims Act was to combat intentional fraud, not accidental mistakes. "The fact that AseraCare knowingly carried out a scheme to submit false claims is highly relevant evidence that the claims were, in fact, false," the government wrote. Nonetheless, in an unprecedented legal move, Bowdre granted AseraCare's request.

Trial lawyers are expected to squabble over the relevance of the opposing party's evidence — and, in the private sector, they are compensated handsomely for doing so. But the government lawyers seemed genuinely confused about what the judge would and wouldn't allow into the courtroom during the trial's "falsity" phase. In long sidebar discussions, during which jurors languished and white noise was piped in through the speakers, Bowdre berated the prosecution for its efforts to "poison the well" with "all this extraneous stuff that the government wants to stir up to play on the emotions of the jury." Much of her vexation was directed at Jeffrey Wertkin, one of the Justice Department's top picks for difficult fraud assignments. A prosecutor in his late 30s, he had a harried, caffeinated air about him and had helped bring about settlements in more

treatment of him," Henry Frohsin, one of Barger's partners, recalled. "At some point, I couldn't watch it, so I just got up and left."

The judge's prohibition on "knowledge" during the trial's first phase constrained testimony in sometimes puzzling ways. Richardson, for instance, could talk about admitting patients, but she couldn't allude to the pressure she was under to do so. The audit by the Corridor Group that corroborated whistleblower claims was forbidden because it wasn't directly tied to the specific patients in the government's sample. Micca, the former medical director from Atlanta, was not allowed to testify for the same reason. Nonetheless, over several days, the government's witnesses managed to paint a picture of AseraCare's cavalier attitude toward patient eligibility. Its medical directors were part time, as is common in the industry, and workers testified that they'd presented these doctors with misleading patient records to secure admissions. One said that a director had pre-signed blank admissions forms. "Ask yourself: How could a doctor be exercising their clinical judgment," Wertkin told the jury at one point, "if he's signing a blank form?"

When Farmer took the stand, Wertkin asked if she was nervous. "A lot nervous today," she replied. She thought the jurors might judge her for trolling for wheelchair ramps or other recruitment tactics. She needn't have worried. Bowdre's restrictions prevented Farmer from testifying about much of anything. "I felt like the judge did not want to know the truth," she said. "The whole time that I was on the stand, I kept thinking, Why would you not listen to the story?"

The bulk of phase one was dominated by doctors: Liao, the government's expert, read selections from thousands of pages of medical files to explain why he'd concluded that patients were ineligible, and AseraCare's medical experts took the stand and disagreed with most of his conclusions. However, the crux of AseraCare's defense was that the entire debate about eligibility was essentially moot because, although death is certain, its timing is not. A medical director who signed a hospice certification form would have had no way of anticipating whether a patient's illness would deviate from the expected trajectory of decline. Even Medicare, the defense team emphasized, has noted that predicting life expectancy is "not an exact science."

After nearly two months of testimony, the jurors deliberated for nine days on phase one. On Oct. 15, 2015, they found 86% of the patient sample ineligible for some period of hospice care. Elated, Barger rushed out of the courtroom to call Farmer and tell her that the jury had come back overwhelmingly in the government's favor. The next part of the trial will be icing on the cake, she remembers thinking.

The next part never happened. A few days later, Bowdre made a startling announcement: She had messed up. The instructions that she'd given the jury had been incomplete, she said, and because of this "major reversible error" she was overturning the jury's findings and granting a request by AseraCare for a new trial. She invited the government to submit evidence other than Liao's opinion to prove that the claims were false; the government replied that the record presented ample evidence of falsity. Five months later, in March 2016, Bowdre granted summary judgment to AseraCare.

It's unusual for a judge to overturn a jury's findings, order a new trial and then declare summary judgment on her own accord, Zack Buck, a legal scholar at the University of Tennessee who studies health care fraud, told me. The case, he said, "just kept getting weirder." Wertkin, who had expected to return to Washington, D.C., with that rare article — a jury verdict in a False Claims Act case — later said he felt as though the "rug

In a widely circulated opinion, Bowdre wrote that clinical disagreement among doctors was not enough on its own to render a claim false. Otherwise, hospice providers would be subject to liability "any time the Government could find a medical expert who disagreed" with their physician, and "the court refuses to go down that road." The Justice Department appealed Bowdre's ruling, but many in the hospice industry celebrated the opinion. "There are huge implications," Buck said. "So much of our system is based on a doctor's discretion, and if you can't say the doctor is wrong you've really hamstrung the government's ability to bring these kinds of cases." In op-eds and on the lecture circuit, defense lawyers for health care companies hailed the beginning of a post-AseraCare era.



Family practitioner Scott Nelson Edmund Fountain for ProPublica

That year, Dr. Scott Nelson, a family practitioner in Cleveland, Mississippi, was wrapping up a lucrative tour of duty in the hospice trade. Since 2005, Nelson had referred approximately 763 patients to 25 hospices, 14 of which employed him as the medical director, according to a special agent in the Department of Health and Human Services' Office of Inspector General. Some of Nelson's patients, however, didn't know that they were dying and a decade or more later remained stubbornly alive.

In the course of roughly six years, by the doctor's own account, he received around \$400,000 for moonlighting as the medical director at eight of the companies. Meanwhile, those hospice owners, some of whom were related to one another, received a total of more than \$15 million from Medicare for the patients he'd certified. In a scheme that the special agent, Mike Loggins, later testified was spreading across the Mississippi Delta "like cancer," hospices bused in vans of people to Nelson's clinic. The owner of Word of Deliverance Hospice — one small-town provider that briefly put Nelson on its payroll — bought a \$300,000 Rolls-Royce that was later confiscated by the government. Nelson, who was convicted earlier this year of seven counts of health care fraud, told me that he'd fallen victim to greedy hospice entrepreneurs who had done hundreds of "third-grader-level forgeries" of his signature when racking up illegal enrollments, and that he'd assumed other forms he'd signed were truthful. Nelson awaits sentencing and has filed a motion challenging the verdict.

The Mississippi Delta has an acute shortage of primary-care providers — a problem that contributes to the region's poor health outcomes. When I visited some of the fraud victims in the case, all of whom were Black, they told me that the experience of being duped had deepened their mistrust of a health care system that already seemed out of reach. Some of the

had been enrolled in Lion Hospice only in 2017, when Loggins knocked on the front door of their yellow brick bungalow. A worker for Lion had tricked the Browns into trading away their right to curative care, and Nelson — whom they'd never heard of, let alone seen — was one of two doctors whose names were on the paperwork.

Losing access to care is hardly the only thing that can go wrong for patients inappropriately assigned to hospice. In May 2016, Lyman Marble found his wife, Patricia, unresponsive and lying face down in their bed. At a hospital near their home in Whitman, Massachusetts, doctors were shocked by the high doses of opiates she'd been prescribed. An addiction specialist later observed that she was ingesting the equivalent of dozens of Percocet pills a day. Only after Lyman told the doctors to "flush her out like Elvis" did her family come to suspect that her health crisis was caused by hospice care itself.

The Marbles, who had been married for more than 50 years, worked together in a variety of jobs, among them operating an outer-space-themed carnival ride. Five years earlier, Patricia had been admitted to a hospice owned by Amedisys, the third-largest provider in the country. The diagnosis was end-stage chronic obstructive pulmonary disease.

She was 70 years old and had health troubles: She used a wheelchair and supplemental oxygen, and had diabetes, hypertension and a benign tumor that caused her pain. That pain had been treated by a fentanyl patch, but once she was in hospice the medical director, Dr. Peter Roos, prescribed morphine, Vicodin, Ativan and gabapentin, too. Over the next five years, he kept prescribing narcotics, recertifying her for hospice 30 times. (Roos, who said in a deposition that he prescribed morphine to ease Marble's respiratory distress, did not respond to requests for comment.) Court documents later revealed that cash bonuses were a reward for good enrollment numbers at that branch of Amedisys, and that nurses had resigned after being pressured to admit and recertify patients who they didn't think were dying.



Patricia Marble and her husband, Lyman Melissa Lyttle for ProPublica

While under the care of Amedisys, Patricia sometimes couldn't remember who or where she was. "I felt like I was dead," she later said. "It just made me feel like 'That's right, I'm in the right place because I'm going to die." But after Lyman learned that he could "fire hospice," as he put it, and Patricia was slowly weaned from narcotics, her memory began to return and her breathing improved. Lyman, who had thought that he might lose his wife at any moment (at one point, Amedisys had asked if he was making funeral arrangements), was stunned by her transformation. Today,

half a million dollars. Last year, Amedisys settled a suit brought by the Marbles for \$7.75 million. The company declined to comment, stating that the settlement was confidential.

Because pinpointing what constitutes a "good death" is nearly as difficult as determining what makes a good life, families may not always realize when hospice is failing them — even when they work in the industry. In November 2014, Carl Evans, a 77-year-old former janitor from Orange County, took a fall and, when hospitalized, was tentatively diagnosed as having end-stage thymus cancer. Soon after, he was discharged to a nursing home and enrolled in a hospice run by Vitas, one of the largest providers of end-of-life care in the United States. Andrea Crawford, one of his daughters, was a hospice nurse and had worked for the company early in her career. When she visited her father in his private room, which had a sofa and a flat-screen TV, he told her that he was being treated "like a king."

Evans had been living independently, with his longtime girlfriend, before his fall. And, unlike many hospice patients, he remained mobile and gregarious, with a big appetite much noted in his charts. Early in the morning of Nov. 22, in search of a non-institutional meal, he climbed out a window and got on a bus to his girlfriend's house. (His preferred ride, a lovingly maintained burgundy Trans Am, was unavailable.) A family friend eventually located him, 30 miles away.

On Evans' return, Dr. Thomas Bui, a medical director at Vitas, placed an urgent order for him to receive phenobarbital, a barbiturate that is sometimes prescribed for agitation and can cause extreme drowsiness. A few days later, Vitas records show, Bui added Keppra, an anti-seizure medication that also has sedative properties, to the mix. Evans had no known history of seizures, and Crawford later suspected that the two drugs had been prescribed to subdue him for the convenience of the staff. After the addition of Keppra, his chart shows, Evans became wobbly on his feet and then so lethargic that he couldn't get out of bed — though he remained alert enough to be terrified at his sudden decline. Crawford, concerned, attributed the change to the drugs he was taking, as did a Vitas employee, according to medical records. On Dec. 6, Evans died.



A photo of Carl Evans held by his daughter Andrea Crawford Philip Salata for ProPublica

The official cause of death was cancer (hospice patients are not typically given autopsies), but Evans' family filed a suit against Vitas and Bui. The lawsuit was settled, and Vitas denies allegations of wrongdoing. Bui, who said in a deposition that he medicated Evans to soothe his agitation, didn't respond to requests for comment. The California medical board

Malpractice cases against hospices are rare. As Reza Sobati, an elder-abuse lawyer who represented Evans' family, told me: "The defense we often get in a nursing home case is that they were going to die anyway from their issues. That's even harder to overcome with hospice, since a doctor has literally certified it will happen."

Afterward, as Crawford reviewed medical charts and tried to understand what had happened to her father, she came across some notes that surprised her. When Evans entered hospice, Vitas had certified him for a heightened level of care intended for patients with uncontrolled pain or severe and demanding symptoms, which Evans didn't have. As a hospice nurse, Crawford knew that such coding allowed Vitas to bill Medicare more — roughly four times more — per day than the rate for a routine patient. (Vitas denies inappropriate billing.)

In 2016, not long after Judge Bowdre dismissed the AseraCare case, someone began to anonymously contact companies that were the subjects of sealed qui-tam complaints. Those sealed complaints named the whistleblowers and the details of their accusations — information that the accused companies could use to get ahead of government investigators and their subpoenas or possibly to intimidate informers into silence. When a general counsel at a tech firm returned the mysterious voicemail, the insider, who called himself Dan, offered to share a complaint that named the company in exchange for a "consulting fee" of \$300,000, preferably paid in bitcoin.

The lawyer alerted the FBI and began recording his conversations with Dan, including one arranging the handoff of the documents in Silicon Valley. On the morning of Jan. 31, 2017, Dan texted an FBI agent posing as one of the tech company's employees the address of a hotel in Cupertino and instructed him to sit in the lobby on "a chair with a newspaper on it" just past "the water station." Moments after the undercover agent sat down, Dan approached him with a copy of the complaint and was arrested. It turned out that Dan, who the FBI said was disguised in a wig, was the former government prosecutor Jeffrey Wertkin.

By then, Wertkin had left the Department of Justice to become a partner at the elite law firm Akin Gump, a job that paid \$450,000 a year. His bio on the company's website noted that, after leading more than 20 fraud cases, he had "first-hand knowledge of the legal and practical considerations that shape government investigations." As part of a plot that his former Justice Department colleagues termed "the most serious and egregious example of public corruption by a DOJ attorney in recent memory," Wertkin had, on his way out the door, taken at least 40 sealed qui-tam complaints belonging to the Civil Fraud Section.

He later ascribed his short-lived criminal spree, which his defense team compared to "a scene out of a B-grade action movie," to what had occurred in Judge Bowdre's courtroom. Wertkin's wife said in a letter to the court that he had returned home from the AseraCare trial a "shell of a man" who drank heavily and spent several days watching movies on his phone in bed. Wertkin, who pleaded guilty in 2017 and was sentenced to two and a half years in prison, wrote in a statement that the government's reversal of fortune in the case had led him "to question things I never doubted before. Does the system even work?" At his sentencing hearing, a prosecutor argued that the False Claims Act itself was one of Wertkin's victims. "The False Claims Act is incapable of deterring fraud if the Department of Justice can't be trusted by whistleblowers," she said. "We have no way of measuring what chilling impact there might be on whistleblowers based on what the defendant did in compromising their secrecy."

On Sent 0, 2010, the False Claims Act took a second hit when the H.S.



government needed more than the testimony of an outside expert to prove a claim was false. However, they vacated Bowdre's summary judgment, saying that the prosecution should have been able to present all its evidence, including AseraCare's alleged "knowledge of falsity," and sent the case back to her courtroom for a retrial. "When the goalpost gets moved in the final seconds of a game," the judges wrote, "the team with the ball should, at the least, have one more opportunity to punch it into the endzone."

The government did not appear enthusiastic about trying the AseraCare case for a second time before Bowdre, though. Wertkin had been disbarred and was serving his sentence, and some of his former colleagues had left for the private sector. In February, 2020, 11 years after Farmer and Richardson filed their complaint, the government reached a settlement with AseraCare for a million dollars. As in most such settlements, AseraCare paid the sum, admitted no wrongdoing and was allowed to keep billing Medicare. Jack Selden, a partner at Bradley Arant who worked on the defense team, told the trade journal Law360, "When a case settles for \$1 million where the claims have been for over \$200 million, I think that speaks for itself."

From a certain point of view, Wertkin's attempts to shake down government contractors made manifest the transactional logic that governs the False Claims Act. Even to some of their biggest beneficiaries, these qui-tam settlements have come to resemble a mutual-protection racket: Executives keep their jobs and their companies keep billing Medicare; whistleblowers and their lawyers get a cut; and Justice Department attorneys can cash in on their tough-on-fraud reputations by heading to white-shoe law firms to defend the companies they once prosecuted.

In 2020, not long after AseraCare settled with the government, the company was bought for \$235 million by Amedisys, which was facing quitam troubles of its own. A nurse from an Amedisys office in South Carolina had filed a lawsuit accusing the corporation of admitting ineligible patients, falsifying paperwork and handing out bonuses to staff to entice new recruits. (Amedisys denies the allegations.) This time, the government has declined to join the nurse's case.

Earlier this year, when I visited Farmer at her home in Alabama, boxes were piled in the living room. She was preparing for an upcoming move to Missouri, where her husband had taken a job with a nonprofit hospice and home health company. Farmer had remained close with Richardson, who told me: "I have a whole different view of justice in America now. It's definitely powered by the dollar bill." But the women no longer talked about the trial. "Nobody really cared," Farmer said. "The government didn't care, the judge didn't care, and all of these people's money was wasted." Sitting in a plush reclining chair, Farmer let out a short, sharp cough as she spoke. In December, she had been diagnosed as having an aggressive form of breast cancer, and the chemotherapy had left her vulnerable to lingering infections.

The hospice benefit imposes a dichotomy between caring for the living and caring for the dying, when, in truth, the categories are often indistinguishable. Most older people will face a chronic disability or a disease in the last years of their life and will need extra care to remain safely at home. That help is rarely available, and Americans often end up in a social-welfare purgatory, forced to spend down their savings to become eligible for a government-funded aide or a nursing home bed. "We all think it's not going to affect us, but if you have a stroke and go bankrupt you're not just going to go out and shoot yourself in the desert," Dr. Joanne

classified as hospice fraud are really problems of the inadequate long-term-care system in this country.

In the 1970s, Lynn worked at one of the first hospices in the United States. At the time, most of the patients had cancer and died within weeks; the six-month guidance was originally designed around their needs. Today, the majority of hospice patients have chronic illnesses, including heart disease and dementia. And some of them — regardless of whether they have six months or six years to live — depend on hospice for in-home support and holistic services that would otherwise be unavailable. Yet under the current system, as the number of patients with ambiguous prognoses rises, providers (including ethical ones) are under financial pressure to abandon those who don't die quickly enough. It's a typically American failure of imagination that people with dire but unpredictable declines are all but left for dead.

Elisabeth Kübler-Ross thought she understood why societies isolate the old and the dying: They remind the rest of us of our own mortality. This aversion might partly explain why decades of warnings about hospice care — including a full quarter century of <u>pointed alerts</u> from the inspector general's office at the Department of Health and Human Services — have gone largely unheeded. Recently, though, some of the reports were so disturbing (maggots circling feeding tubes, crater-like bedsores) that members of Congress have <u>called</u> for reforms, and the Centers for Medicare and Medicaid Services is enacting a few. The agency has just begun making available to the public a greater range of data on hospice providers, including the average number of visits that nurses and social workers make in the last days of a person's life. More significantly, the agency now has the power to impose fines on problem providers, should it choose to use it. (Previously, the agency's only consequential penalty for bad hospices was to boot them from the Medicare program, an option it seldom exercised.)

Some state lawmakers, too, are asking deeper questions about end-of-life care. This year, in the wake of a Los Angeles Times <u>investigation</u>, California placed a <u>moratorium</u> on new hospices, and state <u>auditors</u> raised alarms about a raft of tiny new hospices, some with fictional patients and medical staff, that were engaged in "a large-scale, targeted effort to defraud Medicare." In Los Angeles County alone, there are more than a thousand hospices, 99% of them for-profit. By comparison, Florida, which, unlike California, requires new providers to prove a need for their services, has 51 hospices.

But when regulators close a door they sometimes open a window. Licensing data I've reviewed suggests that, as scrutiny of end-of-life-care providers intensified in California, the hospice boom traveled eastward. In Clark County, which contains Las Vegas, the number of new hospices has more than doubled in the past two years, and in Harris County, which encompasses Houston, the number has grown almost as quickly. Sheila Clark, the president of the California Hospice and Palliative Care Association, attributed some of the surge in new licenses to a scheme called "churn and burn."

"Providers open up a hospice and bill, bill," she said. Once that hospice is audited or reaches the Medicare-reimbursement limit, it shuts down, keeps the money, buys a pristine license that comes with a new Medicare billing number, transfers its patients over and rakes in the dollars again. The directors of two nonprofit hospices in the Southwest told me that they had been accepting patients who were fleeing such new providers. Some patients switched because while they were with the startup hospices they hadn't seen a nurse in two weeks, and no one was



An office building in Phoenix that is home to dozens of new hospices Lara Cerri for ProPublica

On a rainy morning in November, I found myself in a vast, sand-colored commercial plaza on the outskirts of Phoenix. The complex was designed in the style of a Spanish hacienda, with a central courtyard, a stone fountain and a stately bell tower. Maricopa County was another place where the number of hospices had doubled in two years; 33 new ones, licensing data indicated, had appeared at this single address. There was no building directory, but eventually I realized that most of the hospices were clustered together on the basement level. All the hospices listed the same phone number for inspectors to call, and some had taped the same apology to their door: "Sorry we missed you! We'll be back in 45 mins, if you need immediate assistance pls call us." Each time I called the listed number, I got an answering machine whose mailbox was full.

When I buzzed the Ring video doorbell of B-116, which housed at least nine hospices, I was told by the man who answered that the manager was currently on the other side of the building. When I walked to the other side and rang B-117, the same man picked up. Sensing my confusion, he said, "I'm just the voice at the door." His name was Ted Garcia, and he had been hired to monitor the hospices from his laptop at home. I told him that I was searching for a registered nurse named Svetik Harutyunyan, who was listed as the CEO of multiple hospices in the neighborhood, among them Ruby, Sapphire and Garnet, which were within the complex, as well as Platinum, Bright Star and First Light, down the road. I told Garcia that I particularly wanted to ask Harutyunyan about Ruby Hospice, which I'd seen listed for sale in an online ad for a quarter of a million dollars.

The day before, I'd searched for her at a squat building in Los Angeles that had drawn auditors' attention. That address holds, according to state records, 129 hospices — a tenth of the city's supply. When I knocked on the door of a hospice that the licensing data had linked to Harutyunyan, a worker told me that no one by that name was involved. Later, when Harutyunyan and I spoke by phone, she acknowledged owning hospices in California and Arizona and said that the arrangement was legal. She had wanted every member of her family to have one, she said.

Garcia told me through the doorbell that, as far as he understood, the hospices he monitored weren't seeing actual patients; instead, the offices were a kind of "holding pen" to keep the licenses viable with requisite physical addresses until demand could be drummed up. The remote work was dull, he allowed. Apart from inspectors occasionally stopping by and transient people defecating outside the doors at night, my visit was the most action he'd seen in months. As the rain let up and I sat in the deserted courtvard trying to decide which of Harutvunyan's holdings to

the clearest expression of the industry's untamed frontier that I was going to encounter.

Later that afternoon, Garcia told me that he'd begun to research whether he could open a hospice himself. The market was bigger and more lucrative than he'd realized. People in Montana and Texas and Tennessee, he said, were posting ads online for "turnkey-ready hospices" for as much as half a million dollars. He called an ex-cop he knew to see if he wanted in. "We can turn a profit and split it," he said.

How We Reported the Story

For this investigation, Ava Kofman drew on medical records; state and federal licenses; inspection and complaint surveys; government watchdog reports; thousands of pages of court documents; and interviews with more than a hundred families, hospice employees, elder care experts, attorneys and government officials.

Doris Burke contributed research.

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Health Care

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Congress and Industry Leaders Call for Crackdown on Hospice Fraud

Following a ProPublica-New Yorker investigation into the hospice industry, members of the Comprehensive Care Caucus and national trade groups are demanding reform.



This building on Friar Street in Los Angeles is home to approximately 129 hospice providers, according to state and federal data. Philip Salata for ProPublica

by Ava Kofman

Dec. 19, 2022, 12:30 p.m. EST

ProPublica is a nonprofit newsroom that investigates abuses of power. Sign up to receive our biggest stories as soon as they're published.

Less than three weeks after ProPublica and the New Yorker published an exposé of hospice fraud, members of Congress have called on the Department of Health and Human Services to "immediately investigate this situation."

In a letter sent Friday to the Centers for Medicare and Medicaid Services and the Office of Inspector General, the bipartisan leaders of the Comprehensive Care Caucus wrote that "Medicare fraud cannot be tolerated, especially when it is being perpetrated on our nation's most vulnerable patients."

The ProPublica-New Yorker <u>investigation</u> described how the lucrative design of the Medicare benefit incentivizes many profit-seeking hospices to cut corners on care and target patients who are not actually dying. It chronicled the lack of regulation and the frustrated efforts of whistleblowers to hold end-of-life care conglomerates accountable. And it drew on state and federal data to reveal how, in the absence of oversight, the number of for-profit hospice providers in California, Texas, Arizona and Nevada has lately exploded.

The letter's signatories — <u>Sen. John Barrasso, R-Wyo.</u>, <u>Sen. Jacky Rosen</u>,



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briefing from the agencies within two weeks about plans to "address the proliferation of fraudulent hospice providers."

The story's findings are also being <u>cited</u> by lawmakers and lobbyists in New York, where Gov. Kathy Hochul is considering signing legislation to outlaw the creation of new for-profit hospice providers in the state. At the moment, all but two of New York's <u>41 hospices</u> are nonprofit. Assemblyman Richard Gottfried introduced <u>a bill</u>, which passed this summer, to keep things that way. "We can close the barn door before the horses have gotten out," he said. "The article raised the level of awareness around issues with for-profit care."

Published last month, the investigation provoked what industry leaders have called a "much-needed" <u>conversation</u> on how Americans die — along with demands to improve those deaths. "The abuses detailed in the article call for a reform of the Medicare hospice benefit that can reduce the opportunities for fraud and abuse," the National Partnership for Healthcare and Hospice Innovation, a group for nonprofits, said in a <u>statement</u>. In public letters, LeadingAge, another association for nonprofit providers, and the American Academy of Hospice and Palliative Medicine, an organization for hospice professionals, <u>separately emphasized</u> that "change is needed."

Lobbying groups whose members include for-profit providers — the National Hospice and Palliative Care Organization and the National Association for Home Care & Hospice — took issue with the investigation's focus on "bad actors" but said in a joint statement that its members look forward to working with lawmakers "to implement solutions to address the isolated problems highlighted by the article without jeopardizing access to the Medicare hospice benefit."

Dr. Ira Byock, a palliative care physician, author and former president of the American Academy of Hospice and Palliative Medicine, echoed the calls for greater monitoring of the hospice system in the wake of the investigation. "Hospice in America is gravely ill," Dr. Byock wrote in an oped published last week by STAT, the health care news site. "I am hopeful that the article will spark a long-overdue internal reckoning by the field — my field — and the industry we gave rise to."

Hospice began more than 60 years ago as a countercultural charity movement to help patients die with comfort, support and as little pain as possible. After the 1980s, when President Ronald Reagan authorized Medicare to cover the service, dying became a big business. In 2000, less than a third of all hospices were for-profit. Today, more than 70% are. Between 2011 and 2019, the number of hospices owned by private equity firms tripled. For profit-seeking providers, hospice is lucrative: Medicare pays a fixed rate per patient a day, regardless of how much help is offered. The aggregate Medicare margins of for-profit providers hover around 20% compared with just 5% for nonprofits.

Studies <u>have found</u> that for-profit hospices are more likely than their nonprofit counterparts to have <u>less skilled staff</u>, <u>reduced</u> clinical services and <u>fewer home visits</u> in the last days of life. Their patients have <u>longer stays</u> and leave hospice alive at <u>higher rates</u>. Last year, citing the research, three members of the Senate Finance Committee requested information on the quality of hospice services provided by Kindred at Home, the country's largest home care chain. (Kindred's hospice subsidiary was recently <u>spun-off and sold</u> to a private equity firm.) "We are concerned that when applied to hospice care, the private equity model of generating profit on a rapid turnaround can occur at the expense of dying patients and their families," <u>they wrote</u>. Analysis of the data is ongoing, senate staffers said.

Assemblyman Gottfried said that the pending legislation in New York is an attempt to prevent the profiteering that's unfolded elsewhere from seizing his home state. Jeanne Chirico, who heads the Hospice and Palliative Care Association of New York State, said that her group regularly fields calls

"We're a particularly attractive acquisition target because we struggle financially and we're not linked to a larger health care system," Crosby told me. "But if you're actually providing the kind of interdisciplinary care that is based on the original hospice mission, as we are right now, you're not going to be making a lot of money." Her hospice covers around 20% of its operating costs from donations, she said.

New York would not be the first state to bear down on its hospice sector. California has enacted a temporary ban on new hospice licenses, after the Los Angeles Times <u>uncovered</u> a dramatic increase in hospices that far outpaced the demand for services. In a report released this spring, <u>state auditors found</u> that since 2015 the Department of Public Health had never suspended a hospice license and had revoked a license only once. "The state's weak controls have created the opportunity for large-scale fraud and abuse," they said.

ProPublica and the New Yorker's reporting outlined how California's pattern of disproportionate growth is spreading to other states. In Arizona, Nevada and Texas, the rise in new Medicare-approved hospices since 2018 now accounts for around half of all hospices in each state. Unlike New York, these states don't have "certificate of need" requirements for hospices, which means there's no strict limit to the number of providers that can open in a given area.

The simplest way to understand the recent hospice boom is to see it.

This chart represents Medicare hospices — it does not include the dizzying rise in state licenses — and therefore undercounts the total explosion in end-of-life care providers. (Hospices must first obtain a state license before they can be certified to bill Medicare for their services.) Federal data, for instance, shows just 22 Medicare-certified hospices packed into a building on Friar Street in Los Angeles, but California's data reveals an additional 107 state hospice licenses registered at the same address. (Although California's moratorium bars new providers, it does not stop the https://doi.org/10.1001/journal.org/10.1001/journ

Industry leaders have expressed alarm about the loopholes in the state and federal certification process that enable sudden clusters of for-profit providers to materialize. A ProPublica review of hospice data in Phoenix showed that a raft of new entities shared the same addresses and network of owners. Some of the Arizona entrepreneurs already operate several hospices in Los Angeles, including out of the building on Friar Street. "These small entities aren't required to publicly report quality of care data, are often not audited and, because of how the per diem is set up, it's a gold mine," said Larry Atkins, the chief policy officer of the National Partnership for Healthcare and Hospice Innovation. "You could very quickly figure out whether a hospice is a real place or a mill that's simply signing up and burning through patients to bill Medicare. But no one is really doing that."

Eric Rubenstein, who worked as a special agent at the Department of Health and Human Services' Office of Inspector General until 2019, said that the Centers for Medicare and Medicaid Services and its contractors are often focused on auditing bigger billers. For the "smaller circuses and clowns," the government's lax payment system can be easy to exploit. "The demand for these licenses is predicated on the fact that there's a huge amount of money to be made quickly in hospice fraud," he said.

CMS said in a statement to ProPublica that the agency "is aware of the increase in the number of new hospices" requesting Medicare certification, and is "working to ensure they meet all applicable requirements for participation in the Medicare program."

Last month, four national hospice associations banded together to ask CMS to enact targeted moratoriums in high-growth regions. "In addition to action at the state level, increased federal oversight is needed to protect hospice patients and their families," <u>they wrote</u>. The groups are currently

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Leaders of the U.S. Senate's Comprehensive Care Caucus have asked federal regulators to examine program integrity within the Medicare Hospice Benefit.











The four senators wrote to the U.S. Centers for Medicare & Medicaid Services (CMS) Administrator Chiquita Brooks-LaSure, urging the agency to investigate a spate of newly licensed hospice operators in multiple states that some have associated with suspicious or unethical practices.

Sens. Jacky Rosen (D-Nev.), Tammy Baldwin (D-Wis.), Deb Fischer (R-Neb.) and John Barrasso (R-Wy.) penned the letter, which asked CMS to provide a briefing on the issue within two weeks.

"Medicare fraud cannot be tolerated, especially when it is being perpetrated on our nation's most vulnerable patients," the senators wrote. "Therefore, we request you initiate an investigation of these allegations and a review of any additional resources or authorities that may be needed to better address the proliferation of fraudulent hospice providers."

In some instances, multiple hospices have been operating out of the same address without a corresponding increase in the population of eligible patients, as well as some individuals holding management positions at several hospices simultaneously.

The issue first gained attention late last year in California.

The Califonia Department of Justice (CDOJ) has <u>reported</u> that lax oversight in the state had created an environment that enables large-scale fraud and abuse, the organizations contend. The state's legislature has implemented a <u>moratorium</u> on new hospice provider licenses as well as an extensive audit of California's licensing and oversight processes.

Similar concerns have emerged in Texas, Nevada and Arizona, according to a letter to LaSure by hospice industry groups, LeadingAge, the National Association for Home Care & Hospice (NAHC), the National Hospice and Palliative Care Organization (NHPCO) and the National Partnership for Healthcare and Hospice Innovation (NPHI).

Arizona had 239 new Medicare-certified hospices appear between 2018 and 2022, representing 52% of all providers in the state. In that time frame, Nevada saw 56 newly certified hospices, and 369 emerged in Texas.

"Based on these developments, we believe that targeted moratoria and similar actions directed toward high-risk providers could serve as a valuable means for blocking or eliminating from the hospice program those who engage in improper, unethical, and potentially illegal activities that harm patients and families and taint the reputation of the broader hospice provider community," the organizations said in the letter.

A recent investigation of hospice fraud by the New Yorker and ProPublica also pointed to this issue.

The four senators writing to Brooks LaSure founded the Senate's bipartisan Comprehensive Care Caucus in 2019 to focus on legislation and policy to raise awareness of and improve access to palliative care.

"We strongly support increasing access to hospice and palliative care for those in need. We know the real difference these services make for patients as they face the most serious and debilitating medical conditions," the senators wrote. "It is critically important that high-quality services continue being widely available and accessible for our nation's seniors and those facing serious illness or injury."